

# Diabetes Support Groups



If you are living with diabetes, learn ways to better manage the disease and what treatment options are on the horizon.

## **1 to 2 p.m.**

February 12  
April 8  
June 10  
August 12  
October 14  
December 9

## **5:30 to 6:30 p.m.**

January 8  
March 11  
May 13  
July 8  
September 9  
November 11

**Center for Diabetes Management**  
MidHudson Regional Hospital  
The Atrium, 1 Webster Ave, Suite 400  
Poughkeepsie, NY 12601

**There is no need to register, but if you have questions please call 845.483.5188.**

The **Type 1 Parents and Kids Group** will continue to meet the first Thursday of each month from 7 to 8:30 p.m. in the First Floor Conference Room.

The **Adult Type 1/Pump Group** will continue to meet the third Tuesday of each month from 7 to 9 p.m. in the Café Conference room.



Center For  
Diabetes Management  
**MidHudson  
Regional Hospital**  
Westchester Medical Center Health Network